

NURSING HOMES:

Columbia Care Center / St. Helens
Phone: (503) 543-7131

Meadow Park / St. Helens
Phone: (503) 397-2713

ASSISTED LIVING FACILITIES:

Avamere/ St. Helens
Phone: (503) 366-8070

The Amber/ Clatskanie
Phone: (503) 728-2744

Rose Valley / Scappoose
Phone: (503) 543-4646

Spring Meadows / St. Helens
Phone: (503) 397-0401

RESIDENTIAL CARE FACILITIES:

Clatskanie Adult Care:
Phone: (503) 728-2992

Avamere RCF / St. Helens
Phone: (503) 366-8070

ADULT FOSTER HOMES:

CherryWood Adult Foster Care
St. Helens
Phone: (503) 397-4040

JoAnn's Adult Foster Care
St. Helens
Phone: (503) 366-3320

Terrace View Home AFH
Scappoose
Phone: (503) 543-3747

Thanksgiving House
St. Helens
Phone: (503) 366-1233

Hope House
St. Helens
Phone: (503) 396-5511

Country Living Adult Care
Clatskanie
Phone: (503) 728-3859



A Program of C.A.T.



SENIOR AND RESPITE SERVICES

.....
COMMUNITY ACTION TEAM

AREA AGENCY ON AGING

2008

MENU OF SERVICES



**SERVICES FOR SENIORS
IN
COLUMBIA COUNTY**

**Boise Paper in St. Helens
is proud to support
Community Action Team.
Brochure printed on paper
manufactured at the
St. Helens mill.**



SENIOR CENTERS/CASE MANAGERS:

Clatskanie (503) 728-3608

Rainier (503) 556-3736

Scappoose (503) 543-2047

St. Helens (503) 397-3377

Vernonia (503) 429-3912

SENIORS & PEOPLE WITH DISABILITIES (DHS)

500 Hwy 30, Suite 240
St. Helens 97051
Phone: (503) 397-5863

SENIOR HEALTH INSURANCE**BENEFITS ASSISTANCE (SHIBA):**

Phone: (800) 722-4134

SENIOR AND RESPITE SERVICES:

(Community Action Team)

Phone: (503) 366-6543

VETERANS SERVICES

Phone: (503) 366-6580

SENIOR (Elder) ABUSE:

Phone: (800) 232-3020

or

St. Helens Columbia Co

Phone: (503) 397-5863

ALZHEIMER'S ASSOCIATION:

Phone: (800) 272-3900

ARTHRITIS FOUNDATION:

Phone: (800) 283-3004

AREA AGENCY ON AGING ADVISORY BOARD:

Phone: (503) 397-3511

COLUMBIA COUNTY RIDER TRANSPORTATION

Phone: (888) 462-6526

COMPANY & CARE-Private Care Providers:

Phone: (503) 366-1806

PRESCRIPTION ASSISTANCE:

Phone: (503) 397-5252

RETIRED SENIOR VOLUNTEER PROGRAM (RSVP):

Phone: (503) 397-5655

211 INFORMATION & REFERRAL SERVICE:

Phone: 2-1-1 or (503) 222-5555

www.211.org

FOOD PANTRIES (EMERGENCY)

St. Helens-

(503) 397-1888

Clatskanie-

(503) 728-3126

Scappoose-

(503) 543-7495 Ext 15

Vernonia-

(503) 429-1414

Rainier-

(503) 556-0701

ALCOHOL AND DRUG ABUSE PROGRAMS:

Phone: (800) 621-1646

COLUMBIA COUNTY LEGAL AID SERVICES:

Phone: (503) 397-1628

COLUMBIA COUNTY MENTAL HEALTH:

Phone: (503) 397-5211

CRIME PREVENTION:

Phone: (503) 397-3336

EMERGENCY ENERGY SERVICES:

(utilities)

Phone: (503) 397-4951

EMERGENCY HOUSING ASSISTANCE:

Phone: 503: 366-6559

HOUSING & WEATHERIZATION:

Phone: (503) 397-1675

URGENCY CARE CLINIC:

Phone: (503) 397-7119

COMMUNITY HOME HEALTH & HOSPICE

(Longview)

Phone: (800) 378-8510

DENTISTRY (EMERGENCY)

OHSU SCHOOL OF DENISTRY

Phone: (503) 494-8867

OMBUDSMAN FOR LONG TERM CARE:

Phone: (800) 522-2602

SOCIAL SECURITY ADMINISTRATION:

Phone: (800) 772-1213